

# GRIZZLY

Fall 2010

## MOVIE REVIEWS

Favorite movies this past fall

### College Insomnia

Having trouble sleeping? You're not alone

## BEHIND THE ATHLETES

The stories that break the athletic stereotype

### Who We Are

The faces behind Butler

## Role Models

Inspiring adults help students

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2010



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Student Workers	4-5
Out of State Students	6-7
Compromise Roommate	8-9
Weird Interest	10-11
College Insomnia	12-13
Look Up to	14-15
Phobias	16-17
Student Profiles	18-19



# TABLE OF CONTENTS



Thao Pham/Grizzly

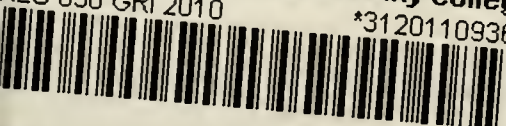


Kayla Darko/Grizzly



Megan Mahurin/Grizzly

Behind Athlete	20-23
Pep Band	24-25
Photo Essay	26-29
What You are Signing	30-31
Movie Review	32-33
Football/Volleyball	34-35
Cross Country/Soccer	36-37
Staff Biographies	38-39





# Student Workers

Emily Kindel

Staff Writer

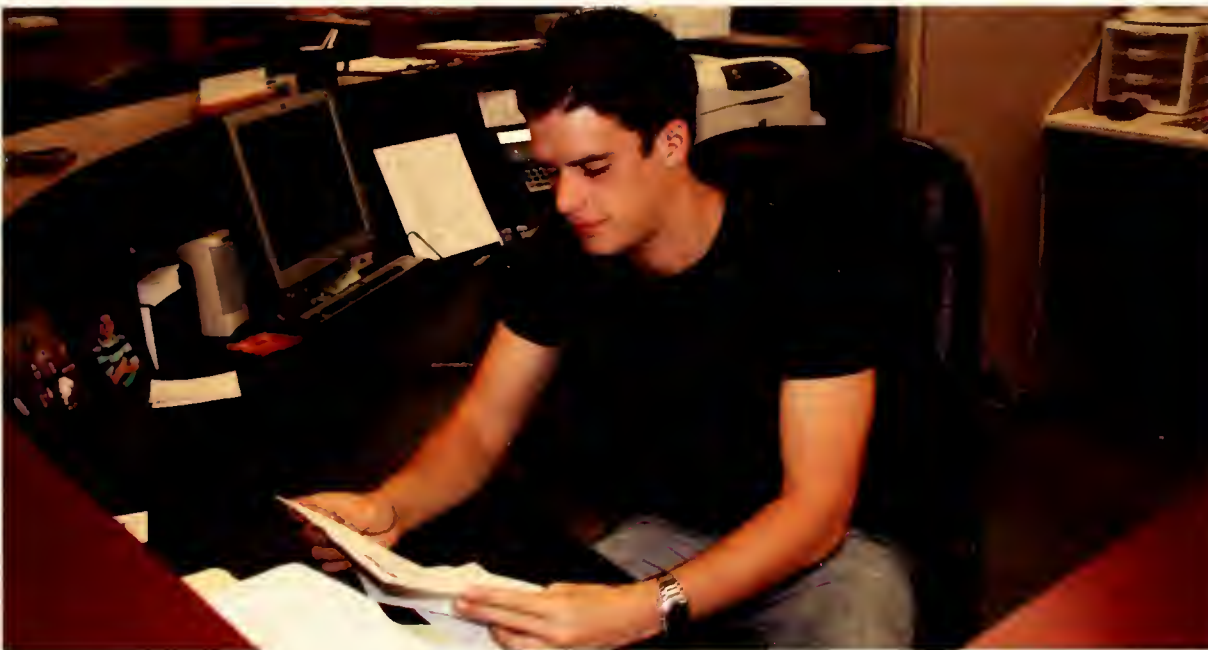
Daniela Morales

Staff Writer

Are you living on campus and looking for a part-time job? Butler provides an array of on campus jobs, that makes it so you don't have to waste gas money. A student can easily walk to their destination within five

minutes. Campus jobs are the best choice for students who live in the dorms or apartments. Jobs include custodial, resident assistant, lunch duties, secretarial and child care. Students get to pick their hours

and usually don't have to work on weekends unlike most other jobs around El Dorado. Students can apply for an on campus job at the Hubbard Center or online at the Butler homepage.



## Admissions

Freshman, Kyle Walter, works five days a week for three hours. The job includes giving tours to new students, filing papers, and answering phone calls. "I like doing tours because I get to meet new people," says Walter.

## "RA"

Bria Sweany and Margrett Waymire can be found on campus helping people out at all times. "I like planning parties and talking to people so I thought I would get a scholarship for doing what I like to do," says Sweany.





## Librarian

Sophomore, Antone Townsend, plays the role as a librarian. "I help students find books and to use the library more efficiently," Townsend says.



## EduCare

Freshman, Beth Zoglmann, helps the kids with art, circle time, and painting. "I've been working with kids for three years and I love it. I'm going to do it when I'm older but with Special Ed," she says.



## Lunch Lady

Freshman, Taylor Thompson, serves food to students four days a week. "My Godmother is the manager, so it all worked out and I love talking to people and I've got to know everyone on campus," Thompson says.





# Coming to Kansas

Daniela Morales  
Staff Writer

Students come from different regions of the United States of America to come to Butler Community College. Many Kansans wonder "Why Kansas?" Students arrived to BCC on August 21. Expectations were either reached or weren't. Many things have set students off, culture shocks have been talked about, and how the opposite sex reacts together.



Richard from Minnesota

When deciding where to go, Richard Wilhite, freshman, didn't think about coming to Butler.

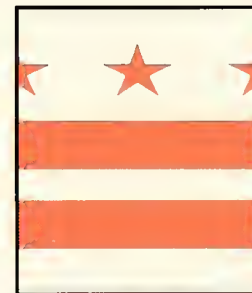
"I wasn't cleared on time because my school didn't send my transcript on time, so I couldn't get into a D1 school," Wilhite says.

Not being cleared didn't stop him from pursuing his goal to run track and field.

"I contacted coach Jeff Becker and told him my situation and he told me he had one more spot open," Wilhite says. "So I took the spot."

Wilhite had many opportunities to go to bigger schools like Arkansas, Arizona and Florida.

"I really want to go to Arkansas after Butler. So hopefully that happens next time around," Wilhite says.



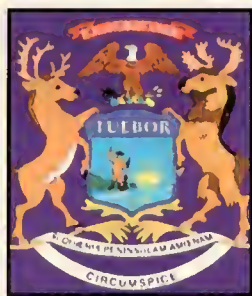
Dominique from Washington D.C.

When Dominique Anderson, freshman, was asked "Why Kansas?" she had a weird face expression, then continued to look at the sky and wondered "Why Kansas?"

"I came to Kansas because I like running and Butler has a good track team," Anderson says.

Not being able to go home takes a toll on students who can't go home every other weekend. The weeks get long and boring.

"It's so different in Kansas, my friends and I have to entertain each other on the weekends," Anderson says. "One day we went and sprayed doors with silly string."



Chris from Michigan

There are many reasons to come to Butler, but it seems like sports is one of the main reasons why Chris Williams, freshman, came.

"I have a track scholarship," Williams says.

Coming to a community college makes it easier to get to the place you have in mind.

"I really wanted to go to Michigan, but the coach up there told me about Butler," Williams says.

Many things are different from Kansas compared to Michigan.

"The culture is so different here from back home. The way people dress to the way they talk. It's still a little hard to get used to," Williams says.



Khiry Mcquay from Florida

The main success formula for college is to go to class and do your best in the classroom aspect of it, but there are students who have a full-time job.

"Football and baseball take a big part of my time," Khiry Mcquay says. "I had to learn how to balance school and my sports."

When having to be so far away from your comfort zone you start missing the things that are most important to you.

"I miss being back at home with my family. It's hard to be hundreds of miles away from them," Mcquay says.



Google.com



# Did you drink all my milk?

Alaina Cohen  
Staff Writer

Kayla Clarke  
Staff Writer

Going from living at home with parents to living with a total stranger can be a bit overwhelming for new college students. For freshman roomies Bethanie Tharman from Wabaunsee and Ashley Nilles from Andale, this was exactly their thoughts.

"Before we moved in I had no idea what she looked like or sounded like. I didn't think she even had a cell phone, it freaked me out," Tharman says. Much to Tharman's surprise, Nilles though the same thing.

"When I saw her purple hair I was like 'oh my gosh what I have gotten myself into?'" Nilles says.

The girls texted each other before they met and talked about decoration, food and cleaning arrangements.

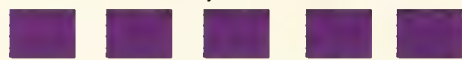
"We both are really laid-back so it was easy to

get along," Nilles says.

Nilles and Tharman are both on scholarships for tutoring the athletes and were able to move in a week early.

"When picking sides we didn't fight at all, it was great" Tharman says.

The girls are very respectful of each other by being quiet while each other's sleeping and giving each other enough space. Although the girls do enjoy spending time together watching "Tom and Jerry" and "Family Guy" everyday from 10-11 p.m.



Ethan Kraai from Delta, Chase Haines from Stillwater and Caesar Brown from Wamego are all three freshman roommates with a completely different story.

"We are all on the basketball team and we don't really hang out much," Brown says. "When I first saw Ethan I thought he was a big dude and pretty chill and Chase

seemed goofy," Brown says.

Like the girls, the boys had no problem living together.

"We buy our own food and we texted each other before meeting. I thought my roommates were cool dudes," Haines says.

The boys have sections of the room that they share, including the dresser and desk. Although all the boys thought of each other as cool, Kraai thought a bit different about one of his roommates.

"I thought Ceasar was pretty cool. I thought Chase was extremely goofy in his cowboy boots," Kraai says.

So college may not all be fun and games and having a roommate isn't necessarily all that bad, but finding a roomy or roomies that will watch "Tom and Jerry" with you and laugh at your goofy cowboys boots makes the experience of sharing a space all that much better.



"I honestly didn't think she even had a cell phone"

"When I first saw her I was like OMG! purple hair! what have I got myself into?"



Bethanie Tharman,  
Wabaunsee  
Freshman



Ashley Nills,  
Wichita  
Freshman

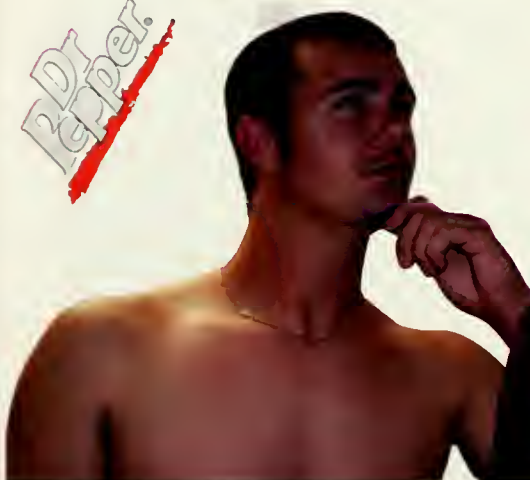


"I thought Caesar was pretty cool & Chase was extremely goofy"

"I thought my roommates were cool dudes"

I thought Ethan was a big dude & pretty chill & Chase seemed goofy"

Pepper.



Ethan Kraai,  
Delta, Colo.,  
Freshman



Chase Hanes  
Stillwater, Okla.,  
Freshman



Caesar Brown  
Wamego  
Freshman





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# weírd

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## Interests

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Story and Photos by:

Amanda Peters

Staff Writer

**W**e all have that one thing that makes us a little different from everyone else, that one quirky habit that most people would think is weird or odd. But because of that it makes you who you are. And for that you should not change. It does not hurt to have something a little different than everyone else. As long as you enjoy doing it, it should not matter what everyone else thinks.

"I only wear a pair of socks once. I never wear the same pair again. When I'm done with a pair of socks I give them away to the (Salvation Army)," says Crystal Rose, Herrington sophomore.

Some people will do the same thing over and over again and it will never get old to them. But

to other people just thinking about that would bore them.

"Everything I own is purple from my phone, computer, key chain," says Cat Crawford, Winfield, freshman.

In some situations, when people continue to overdo their habit it becomes an obsession more than an interest. But they do not notice it has gotten out of control until someone else points that out. But even then when they are told about what they are doing and how other people might be viewing them, they continue to do it. Because they enjoy it and do not care what other people say about what they are interested in.

Everyone has their own taste in things, which makes us who we are as an individual. If everyone was supposed to be the same then life would be a little, okay, life would just be boring all together.

But when you toss something out of the loop into the picture it makes life a whole lot more interesting.

Not saying that common interests like collecting baseball cards are boring, it's just there are so many people that do that same hobby.

**"Everything I own is purple from my phone, computer, key chain."**

**-Cat Crawford**

Just try something out of the box that is something fun and crazy, but also kind of off-the-wall, and unique.

It is just different from the people who view them. For those people they probably do it to take stress out or to calm their nerves. But for whatever reason they do it for, you should not judge them for liking what they do.

So, if you have this urge to start something new, well then, go for it.



"I wear flip flops 24/7 and I'm also addicted to facebook too."

-Deirder Sims  
Derby, freshman



"I'm addicted to socks, I asked for socks for my birthday and Christmas every year. I like wearing socks that are fuzzy, long and just any kind."

-Mackenzie Windholz  
Augusta, sophomore



"I would say I'm hard working because I have worked most of my life."

-Emily Toews  
Whitewater, freshman



"I have to wear festive socks, and I have to listen to music all the time. Otherwise it drives me nuts."

-Markeyschia Garner  
Augusta, freshman



# Sleep Disorders College Insomnia

Leah Emmart  
Staff Writer

It is 10:30 p.m., time for bed. You lie down, close your eyes and wait for the sleep to come and take you...but it never does. Everyone has something like this happen at least once. But people diagnosed with sleeping disorders experience this almost every night. According to [www.ehealthmd.com](http://www.ehealthmd.com), things such as a full schedule, working long hours and jet lag can cause a person to stay up late at night. Several different people at Butler Community College suffer from sleep disorders.

Jeremiah Gaston, Wichita sophomore, has been diagnosed with insomnia for 14 years. The longest Gaston has stayed awake was three days straight. When Gaston is awake late at night he keeps himself busy with his sketches of drawings and books. "I will sketch animals, pets, people or I will copy another picture, such as book covers," says Gaston.

Brandon Sweatman, Pomona sophomore, has been diagnosed with insomnia since 2009. "I sleep in all day until 1 p.m., and then I'm up all night," says Sweatman. What helps

Sweatman's insomnia so he can sleep at night is sleeping pills such as Ambien and Ibuprofen PM.

Unlike Kylie, for Jaime Sproul, Augusta freshman also at El Dorado, pain medication helps Sproul sleep.

"I didn't know I needed Lortab, I just happened to take one, one night before I went to bed for my back pain, and it helped me sleep for a really long time," says Sproul.

The longest Sproul has ever stayed awake was for 74 to 75 hours. "It affects my college life, because sometimes I will be so exhausted by lack of sleep that I can't get focused on my school work and my grades end up dropping."

Sproul doesn't suffer all the time from insomnia, just when she is under times of stress and emotional

distress.

Another sleep disorder other than insomnia is called sleep apnea. Sleep apnea is when a person stops breathing for a moment in

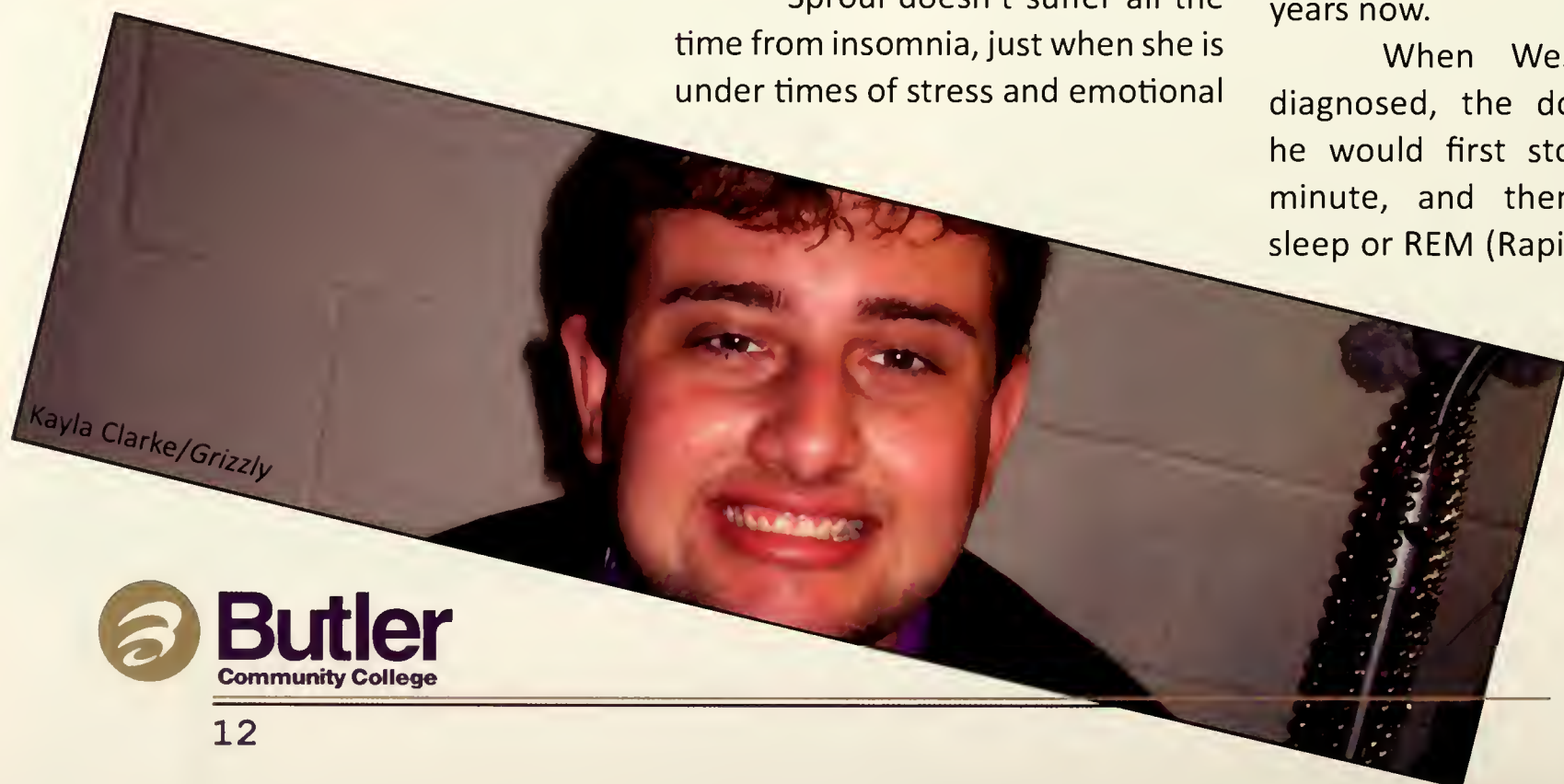
the middle of the night when they are sleeping.

Dr. Keith West, Radio-TV instructor at Butler, was diagnosed with sleep apnea two years ago. He has been struggling with it for about eight

**"There is usually a solution to why you can't fall asleep. It could be because you are stressed or worried about something."**

years now.

When West was being diagnosed, the doctor told him he would first stop breathing a minute, and then have restful sleep or REM (Rapid Eye Moment)





"I like to draw and write stories during the night."  
"It affects my college life, I can't focus on my school work."  
"Lortabs helped my back pain and helped me sleep."  
"I have been without sleep for 3 days."  
"I can't go to sleep again..." "Sleep all day, up all night."



sleep for 15 minutes.

West was attached to a machine called a CPAP (Continuous Positive Airway Pressure) that helped him breathe during the diagnosis.

The CPAP lightly forces air into the lungs to help the person to keep breathing. Along with his sleep apnea, he developed blackouts and heart palpitations. West believes that since both his parents and his cousin also have sleep apnea that heredity can play a part in it as well.

One Sunday morning when West was preaching in Oxford, Kan. he couldn't remember exactly what book in the Bible he was preaching

about. He had trouble with memory loss and trouble thinking. "I remember that the verse was in there, I just couldn't think of what book of the Bible it was in," says West.

West still deals with memory loss when he is preaching. "I need to go back and relearn it," says Dr. West. What helps him relearn when he has memory problems during his sermon is going back over his notes and study aids.

West still struggles with sleep apnea on a daily basis. He uses the CPAP anytime that he

needs it whether it's falling asleep in front of his TV, going to sleep at night, falling asleep in his chair in his office, or when he is traveling. West says the CPAP has made a huge difference by helping him with his breathing, memory and blackouts and would recommend it to anyone who struggles with sleep apnea.





# Role Models

**A**ccording to dictionary.com: role model-a person regarded by others, especially younger people, as a good example to follow. Does that ring a bell and sound like someone you look up to?

When things get hard you need someone to talk to. That's when you go to a leader or role model. Someone you are not scared to let your emotion run wild with. Where you just blurt things out without thinking. We're not talking about your best friend, but someone who may or may not be an older adult.

Who's your role model? Do you remember how you met your role model? Many people's role model might even be their own parents. Because they have lived with them and know how hard they work. Plus their

parents have been along with them for the ride when things hit rock bottom.

It's never good to hold things in because that could lead to depression, which may cause bigger and worse problems. When someone struggles with depression it's never good. That's when you need someone to lean on, who won't judge you for your problems. And won't question you about the issue or issues.

We all have had our own share of problems and we deal with

them our own way. But when you go talk to someone it really helps in the long run. Most likely more than you think. Because when someone holds it in they could end up bursting things out when they don't mean to and end up hurting someone's feelings.

What qualities do you think make a good role model? It varies from person to person. Overall someone is going to want someone who is honest and trustworthy. Who wants someone that can't be

honest and likes to lie all the time?

Or how about someone with a good sense of humor, and who knows how to have a good time? Why would you want to look up to someone who is boring? You are

"I look up to Clint Eastwood, because he kind of started nowhere and now he is a successful director"

REILLY COYNE





Gordon Cave/Grizzly

Gordon Cave  
Layout and Design Editor

Amanda Peters  
Staff Writer

## *butler students reveal who they look up to and why*

...ing to want someone that has a  
...tle spice in their life and knows  
...ow to have a good time, but then  
...gain knows how to act their age.

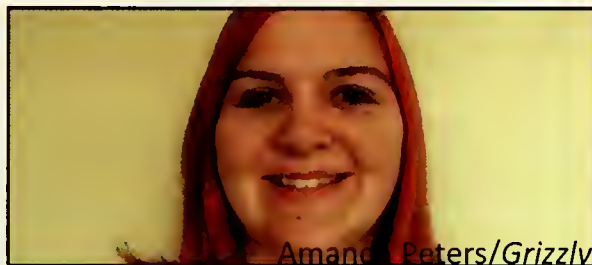
Other people may like to look  
...o to actors or actresses because  
...ome of them have become famous  
...y their own without any help by  
...thers. And others have started  
...om the very bottom of the pit and  
...anaged to make it to the top in no  
...me.

Are there any actors or  
...tresses that you know that have  
...een in that same situation at some  
...oint or another in their life?

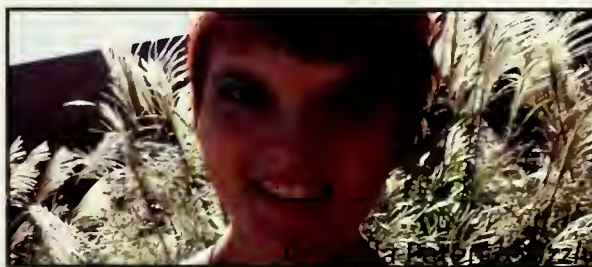
Do you think they had some  
...le model in their life, to help them  
...ake it big? It's possible because  
...everyone needs someone to look to  
...r advice. So, who's yours?

SAM DAUGAARD

“ I look up to my parents,  
because they work hard  
and support me. ”



Amanda Peters/Grizzly



“ The qualities I like in  
people are a great sense  
of humor and honesty. ”

CHYLA PUGH





Thao Pham/Grizzly



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# PHOBIAS

*what it is that you **fear**?*

Thao Pham  
Editor-in-Chief

**T**he word phobia originated in the Greek language and meant "fear." When someone experiences a phobia they get this overwhelming emotion of irrationality, intensity and a persistent worry of certain situations or objects.

The main reason why people with this disorder cannot overcome it is because of their unreasonable desire to avoid whatever is causing them to become so scared of something.

For example, a person who was attacked by a dog. The occurrence of that would have enough of an impact on this certain person that they would develop a fear of that dog or in some cases an irrational fear of all dogs.

A major portion of the

American population is afraid of public speaking which if it is severe enough could inhibit all social involvement.

According to an American study by the National Institute of Mental Health they found that between 8.5% and 18.1% of Americans suffered from phobias.

Broken down by age and gender, the study found that phobias were the most common mental illness among women in all age groups and second most among men older than 25.

Kendra Dettman, Burlingame freshman, has a fear of drowning which can be associated with necrophobia.

"My fear of drowning came when I tried scuba diving. The whole mask and the limited air I had to use

to breathe freaked me out, it was basically me being claustrophobic under water," says Dettman.

There are methods of treatment out there for phobias but the proposed benefits vary from person to person.

According to helpguide.org, the most frequent used treatment for phobias is a type of cognitive-behavioral therapy called systematic desensitization or exposure therapy. The NIMH says about 75% of people are able to overcome their phobias through cognitive-behavioral therapy.

## Top 10 Phobias

1. **Arachnophobia:** The fear of spiders. There is no escape from these eight-legged beasts. They are everywhere.
2. **Social Phobia:** The fear of social situations. This is more than simple shyness.
3. **Aerophobia:** The fear of flying. In a plane, obviously.
4. **Agoraphobia:** The fear of inescapable situations. For example, confined to your own home.
5. **Claustrophobia:** The fear of confined spaces.
6. **Acrophobia:** The fear of heights. This is often confused with vertigo which is merely a dizzy or spinning sensation.
7. **Emetophobia:** The fear of vomit.
8. **Carcinophobia:** The fear of cancer. A carcinophobe will believe he has cancer because he touched someone else with the disease.
9. **Brontophobia:** The fear of thunderstorms.
10. **Necrophobia:** The fear of death.

[www.c4vct.com](http://www.c4vct.com)



# friendsstudent



Gordon Cave  
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## who we are



Korey Johnson

Age: 19

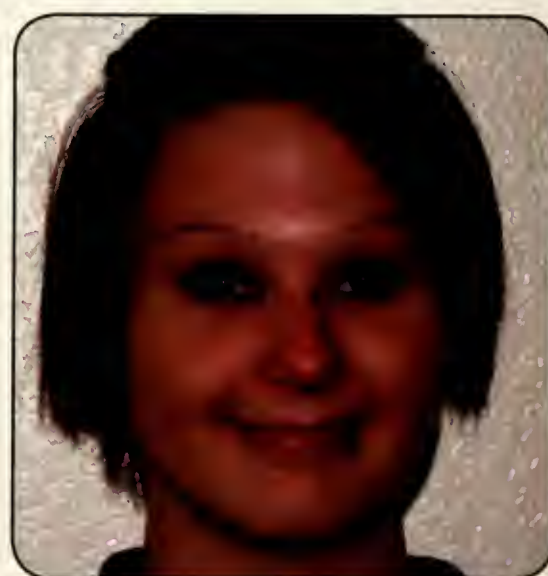
I am from Clearwater. I am undecided on my major. A weird fact about me is I like eating peanut butter, bananas, and jelly together.



Michael Toon

Age: 20

I am from Wichita. I am a part-time sophomore at Butler, but only attend school one day a week. Every other day I am traveling around the U.S. racing my motorcycle.



Ashley McQuarry

Age: 19

I am from Newton, and am a sophomore at Butler. I am told I have a laugh that breaks the sound barrier.

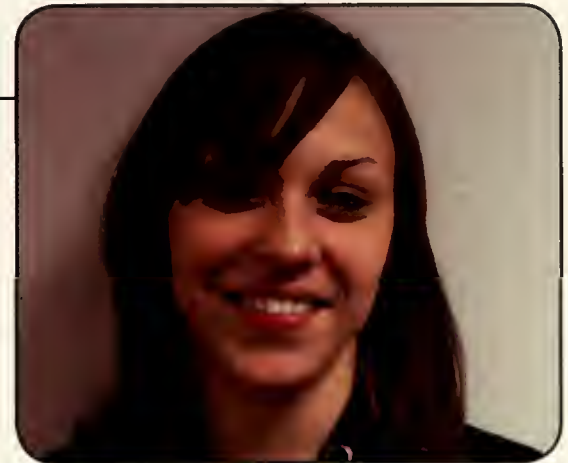


# tsroommates

Andover Campus



Teresa Hanson



Age: 19

I am originally from Wichita, and am majoring in hotel management. I am a freshman, and I like to eat honey on my cheeseburgers.

El Dorado Campus



Megan Burns

Age: 19

I am from Dighton, and I am a sophomore at Butler. I love antiques. I collect old books, and film cameras.



Nicola Dickinson

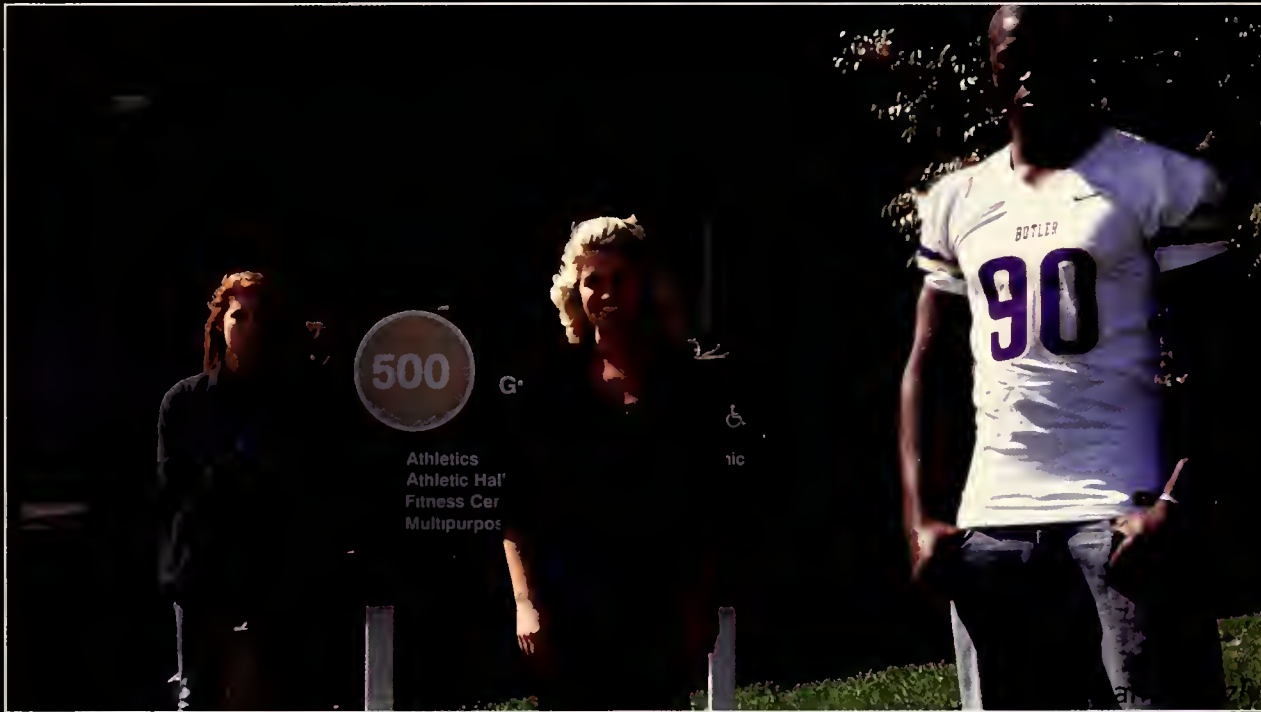
Age: 21

I am from England, and a sophomore at Butler. The only weird thing I can think of is that I eat ranch with everything.



# Behind the Athletes

The stories that break the athletic stereotype



Kayla Banzet  
Copy Editor

Usually when approaching someone you don't know your first instinct is to stereotype them by their appearance or status. In the life of an athlete, this tends to happen quite often. Many athletes are defined by their peers as sports minded, arrogant jocks, who get easy As just because they play a sport. But this statement, my friends, is many times wrong at Butler.

The truth is there is a huge support

group behind the athletes at Butler Community College. People that know how many athletes really are. These people know that they are not just passed along and instead of holding them on a high pedestal they constantly push them to succeed.

These people 'Behind the Athletes' are teachers, coaches, advisers and tutors. When the athletes aren't hitting home runs or scoring goals, many times they are with these people working on their futures.

Some athletes are told every day they won't

make it in life and won't have a future. However, these people that stand behind them tell them differently. They teach them to step away from all the stereotypes that have been pegged onto them.

With the help from these people, athletes can accomplish great success here and after Butler. But exactly who are these people? What do they do specifically to change these young women's and men's lives?

Take a look 'Behind the Athlete' and break through the stereotype with these astonishing people's stories.







## Destiny Curtis: Tutor

School can be tough, especially when you're an athlete being told that you'll never pass. The Athletic Academic Coordinator has put together a band of tutors to help these athletes put those words of discouragement in the past.

Destiny Curtis, sophomore, is one out of 13 tutors that work with the Butler Athletic Department. She has worked with athletes for almost 2 1/2 years now. She takes pride in helping Butler athletes.

Originally, Curtis didn't plan on being a tutor. She was more interested in being a baseball manager.

"I wanted to be a baseball manager but it was Shannon (Hurt, the coordinator) who told me about tutoring. She said it was one of the hardest jobs on campus. That motivated me to be a tutor,"

says Curtis.

Curtis works with mostly football but other tutors work with a variety of sports.

Curtis has a trick when working with the Grizzly football players.

"You have to find out who they are and actually get to know them. Sometimes when working with them they can be stubborn but you've gotta look past it and find out who they are," says Curtis.

She also points out mistakes that some tutors don't realize they are doing.

"I've seen some tutors who do get frustrated sometimes and treat the athletes like little kids," Curtis says.

Not every college has this program. Many athletes never see the necessary help that they need.

"If it wasn't for this program a lot of these

athletes wouldn't be able to go to Division 1 schools. Not only are we tutors but we act as mentors to make sure they stay on track," says Curtis.

Thinking back to the stereotyped athlete many students believe that athletes are just passed along in their classes. Some may even think that the faculty is giving them an easy A.

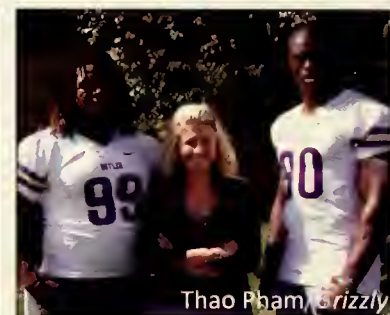
Curtis says this idea is false.

"There are no excuses for the athletes. We make it harder for them, not easier. Not only are the tutors pushing them, so is the faculty," says Curtis.

Curtis and her fellow group of tutors help break past the athletic stereotype.

"We pressure them to work hard. They just don't get passed along."





## Shannon Hurt: Athletic Academic Coordinator

There is an old saying, "Behind every great man, there is a greater woman." The same goes for our athletic department. Behind every great athletic team, there is a greater woman. Her name is Shannon Hurt.

Hurt is the Butler Athletic Academic Coordinator. She is in charge of scheduling classes, counseling and placing tutors with the athletes. She's been at Butler for five years now and has a history in tutoring.

"I tutored in college at Butler, Wichita State and Louisiana State in all academics," says Hurt.

She originally went to school to be a kindergarten teacher but decided to work with college students because she had a passion for it. She enjoyed the reward "to see people succeed."

"My goal is to make them better people in society," says Hurt.

Working with the athletes here at Butler can have its pros and cons. A huge problem that Hurt and the department have is the stereotype that some students cast upon the athletes. Many students see them as intimidating.

Another con is previous education. Not all, but some athletes have been passed along or have been given good grades so they are allowed to play their sport in high school. This causes problems when they enter college.

"I tell them I'm going to push you academically. Not do the work for you. It makes me angry when these kids were just passed along in high school. It really is a disservice to the athlete," says Hurt.

There is a new law in junior college sports that you cannot play a sport unless you have a high school diploma. Before, students did not have to finish high school to play for a juco school and they could still achieve a college degree. This is now being stopped so more athletes will try to gain a diploma.

Working with these young men and women isn't completely negative. Hurt finds a lot of positive things in the department.

"I love the relationships that I build with the students. You see them learn and grow a lot. A lot of them are intimidated by college so I try to get past that barrier. I also love watching them play their sports and of course seeing them go on past Butler," says Hurt.

Hurt is not alone in trying to see these ath-





letes succeed. She has tons of support from faculty, coaches and the tutors that work under her. She tries to have faculty respect her and what she is doing, even if they don't think it is necessary.

"A great deal of faculty is great about getting back to me. I wouldn't say they're against me, I just don't think they understand how important this is. Coaches also work with me and completely understand this program and what has to be done," says Hurt.

Along with faculty and coaches, there are 13 student tutors. They sit down with the athletes and have one on one tutoring. Hurt works around the tutors' schedules and the athletes' schedules and practices. Each team has a different type of tutoring.

"With football and basketball we do one on

one or group tutoring. There is a maximum of three in a group. Volleyball and softball have a study time and can ask for help during that time. We try to stress to our athletes that they need to go to teachers during office hours," Hurt says.

With this program, Hurt sees many successes. The ones who are prepared for college and become leaders to the other athletes are always a success for Hurt. Those who rise above the stereotype and being put down are also a success.

"We have people tell them you aren't going to make it and they prove them wrong. They work hard. This group is a team, a unit," says Hurt.

Hurt tries to teach them to be good in the classroom and Butler is the only one in the confer-

ence to have this program.

Many athletes that have gone through this program have found aid in some way. Whether it be in their education or later in life.

Students need to see past the athletic stereotype to understand this.

Hurt wants people to understand that each one of these athletes is a person.

"If you give them a chance and get to know who they are then you will want to help them," says Hurt.

The people behind them want to see them be academically amazing and find joy in seeing them do so.

Hurt says, "When you walk away and you know you taught someone something it's a reward and you know you've done good."



# PEP BAND

Kayla Clarke   Alaina Cohen   Megan Mahurin  
Staff Writer   Staff Writer   Managing Editor

<http://www.valdosta.edu/library/blog/wp-content/uploads/music-notes.jpg>

**B**and geeks? I think not. Butler Community College pep band rocks the house. Before students can make some noise, newcomers must first have high school band experience or have the consent of the instructor to participate.

Membership in the pep band is conditioned primarily on the instrumental needs of the ensemble. Effort is made to recruit as many interested players as possible while maintaining a balanced ensemble. Students are required to attend all sporting events and music rehearsals, just like most scholarships.

"The pep band is such an important part of our community," says Kevin Pickerall, Butler adjunct facility member.

"We are pretty much the cheerleaders for Butler," says Pickerall.

Pickerall is the head manager at Blockbuster in El Dorado and plays trumpet in the college band and also helps direct. The pep band plays at numerous home football and basketball games for the college.

"We motivated the crowd and provide spirit as well as entertainment," John Templin says. Templin is the pep band director. He had also taught at the college for 33

years and retired back in 2002 but still continues to direct the band.

"I was brought up with music. My grandfather played the violin, my grandmother played guitar and my mother taught me to play the piano and the organ. I just love music," Templin says.

Before the band can toot their horn the band practices diligently. Band practices are once a week on Wednesdays from 1-2 p.m. in the 700 building. Students not only get to play the music but get to pick out the music selections.

"I'll buy some music to listen to. I don't know how many CDs that the publisher sends me, but I picked out the ones I like and narrow them down and let the band vote on what songs they want to play. I also wrote a couple of songs for the band," Templin says.

Templin will buy the music from the publisher and then narrow the songs that the band plays from there. He also says that his songs were never played in the band, though. Surprisingly, most Butler students don't know that the band plays not only at football and basketball games but also for the Riverfest in downtown



Katie Rohr/Sports Media





Katie Rohr/Sports Media



Katie Rohr/Sports Media

El Dorado and have done numerous kids events and played at the Jayhawk Conference playoffs and bowl games. While the band is at the college games they “cheer” on the team while yelling “defense” in harmony. At the end of each year students are expected to be familiar with and execute all music in pep band repertoire in terms of accuracy, rhythm, phrasing, intonation, dynamics and tempo.

“This year, I feel that the pep band is very spirited. They do an excellent job entertaining the crowd as well as playing the music,” Templin says.

Daniela Morales/Grizzly



Daniela Morales/Grizzly





Story/Photos by  
Emily Kindel  
Staff Writer

Lang'at has little time to himself due to his array of tasks to do each day.

Lang'at is training for the World Championship in 2011 and the Olympics in 2012.



## Student and Athlete by Day and Security by Night

**F**or a person who has run competitively in high school, Benson Lang'at, freshman from Kenya, has impressed many coaches, by setting many records at Butler during his first semester in spring 2010.

Lang'at was born in Kapsabet, Riftvalley, a place where many world-known middle distance runners come from. However, he never even considered running for a career. Instead he played

basketball, soccer and rugby for Kericho Tea High School.

Lang'at's spark for running came from a neighbor named Elijah Lang'at. Elijah greatly helped him in pursuing running by giving him new Nike shoes, taking him to big races and telling him to never stop running.

Moving to the United States to train with his Uncle Ben Kurgat, Lang'at decided to move to Butler for a running scholarship.

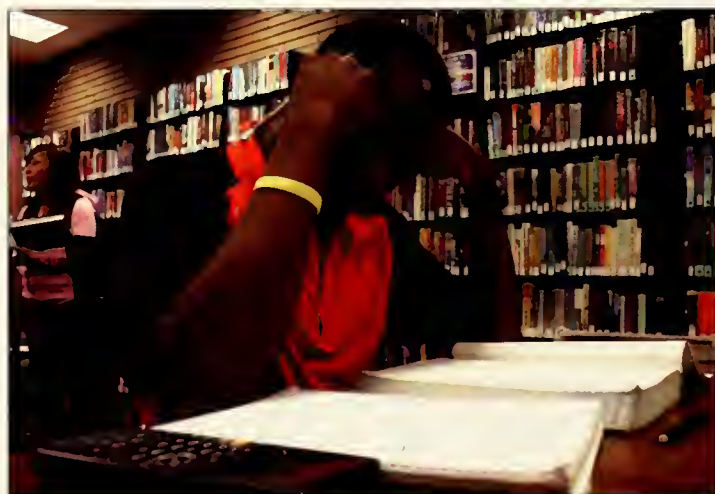
Some of his many awards

include placing second in indoor nationals for the 1,000 meters, two times indoor all-American, two time outdoor all-American, Academic all-American and honorable mention for Region 6.

"Butler has been like a home away from home for me. The students, instructors, workers and all of the Butler community are amazing people. Butler has helped me achieve my dreams," Lang'at says.

### Student

Even with his busy schedule, Lang'at takes 21 credit hours of schooling even though he is only required to have 12 hours. He is taking classes from physics to accounting in order to finish his work in Economics.



"Butler has been like a home away from home for me. The students, instructors, workers and all of the Butler community are amazing people. Butler has helped me achieve my dreams," Lang'at says.







### Chaos

With all of the chaos going on in Lang'at's life it is a necessity that he always has a schedule. "If I forget to do one thing on my schedule then my whole day is messed up, and it takes awhile to make up everything that I missed," Lang'at says.

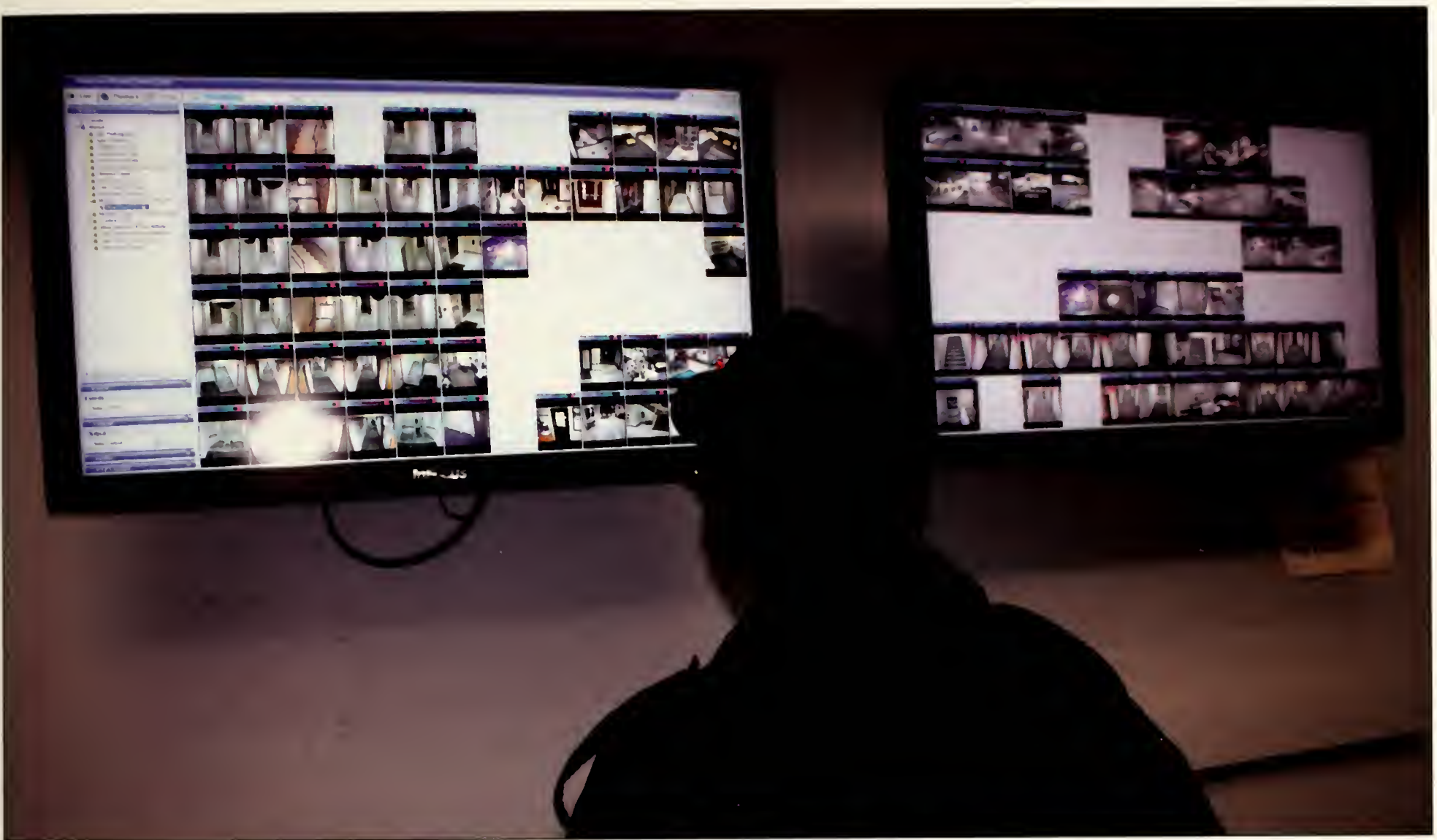




## Runner

Lang'at's Uncle, Ben Kurgat, manager of Global MBIO Club based in North Carolina, is the person who finally convinced him to move to the United States of America to train for running. He trained with his uncle for two months before making his way to Kansas. "I just want to build my foundation before I go to a four year college with a good running program," Lang'at says.





#### Security

Lang'at works 20 hours a week as security for the West dorms. He used to patrol the campus, but for right now he is just signing people in as they come into West. "I work to save up money so I can send it to my family in Kenya. One-hundred dollars here is equal to 7,800 shillings in Kenya," Lang'at says.



# Scholarships:

## what are you signing onto?

Kayla Banzet Megan Mahurin  
Copy Editor Managing Editor

Earning a scholarship is not only an accomplishment but a goal for most students. Scholarships bring aid to scholars during college and places ease on students' wallets. All the student has to do is read the Butler scholarship contract, agree to the terms and sign their name on the dotted line.

But how many students actually read the agreement?

When a student is offered a scholarship at Butler

**"Students need to remember they are representing our school."**

Community College they are given a scholarship agreement form. In this form there are rules and expectations that the student is agreeing to follow for that academic year. Once they sign this form they are making a promise to their adviser, dean

and school.

Even though students sign this agreement there are still cases where the rules and expectations are broken. Larry Patton is the Dean of the Humanities and Fine Arts Department. He oversees the scholarship students of the department and that they follow their agreement.

"For music theatre and dance they are expected to take certain classes and there are

certain events they are required to attend. They are expected to meet those

requirements. There has been a case where students have refused to do what they are told to by an adviser and this has lead to problems with their scholarship," says Patton.

Outside of class time some students seem to put this agreement to the back of their minds. They may go to a party and drink or take explicit

pictures. Putting these pictures on the Internet has gotten some students in quite a bit of trouble.

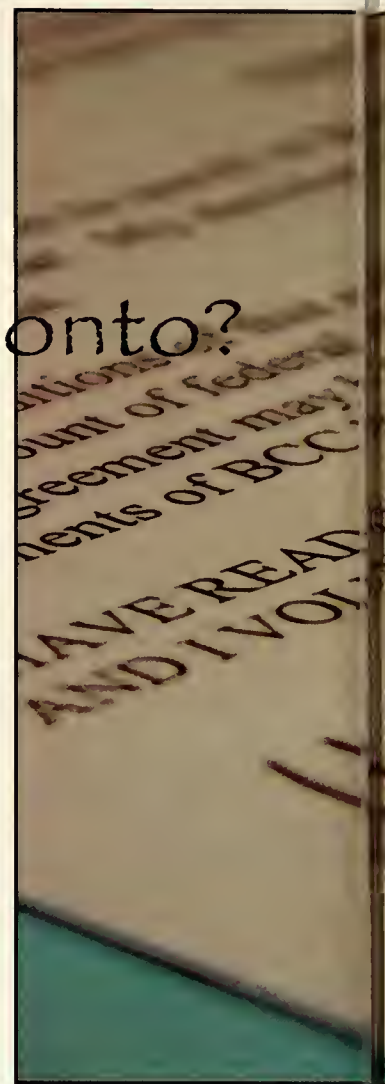
Some students may feel like they are being censored too much by getting in trouble for stuff they put on the Internet. Patton thinks otherwise.

"I don't think they are being censored at all. Students need to remember they are representing our school and that they need to follow Butler's policies," he says.

Bad behavior is not the only way a scholarship student could lose their scholarship. A problem that almost every student has is that pesky G.P.A.

"You need to pass a minimum of 12 hours with a 2.0. You must be enrolled in 15 credit hours while on scholarship," says Patton.

Although scholarship







Megan Mahurin/Grizzly

“Our goal is to make our students be successful.”

students may get their scholarship taken away or be put on probation, they do get a chance to redeem themselves. A student could even gain their scholarship back.

“Taking a class in intersession and passing will allow a student to be eligible for their scholarship,” Patton says.

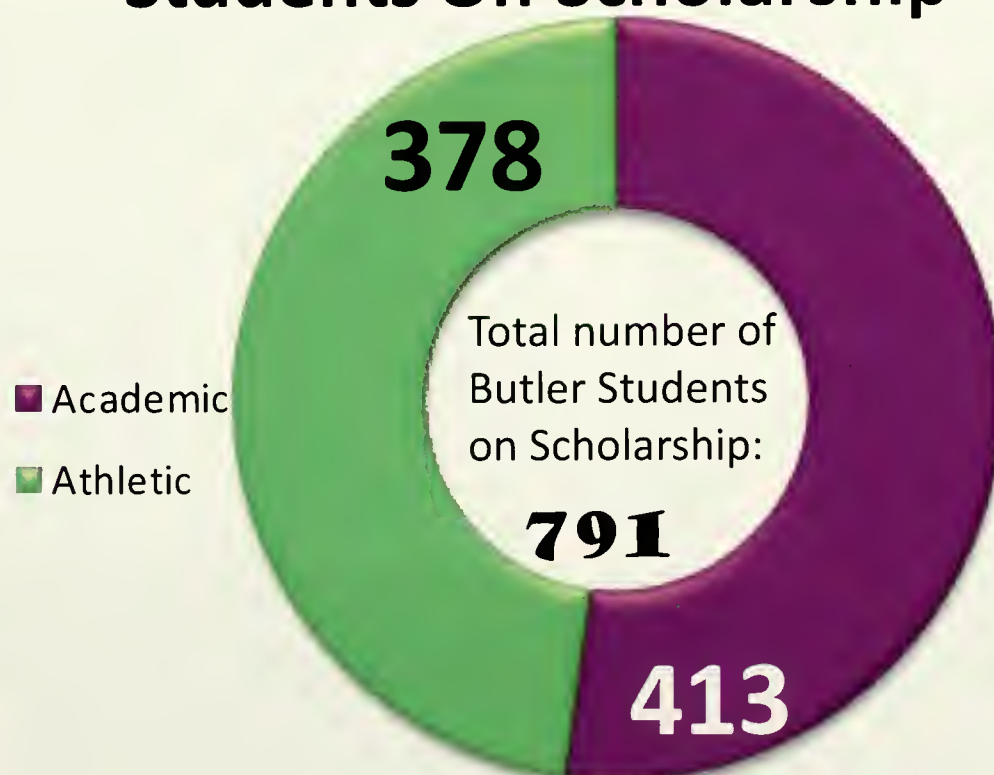
Patton wants to remind students of just a few things about their agreement.

“You should go to class every time the class meets. Try

to be academically successful and trying to be the bad guys when it meet the requirements that are comes to scholarships. They just in the scholarship you’ve signed. want students to remember what Remember etiquette at events they are signing onto. and remember the dress code. Patton wants students to Remember you are representing do well while at Butler. Butler,” he says. Patton says, “Our goal is to

The faculty at Butler is not make our students be successful.”

## Students On Scholarship



Fall 2010



# Movie Review

Megan Mahurin  
Managing Editor

Alaina Cohen  
Staff Writer

## The Social Network

In the movie, "The Social Network," director David Fincher and screenwriter Aaron Sorkin recreate the moment in which Facebook was invented. The movie takes viewers through the perspectives of a couple of brilliant college students who each claim that Facebook was their idea. The movie is based on the book, The Accidental Billionaires, by Ben Mezrich.

In the middle of the chaos are Mark Zuckerberg, played by Jesse Eisenberg, a super-smart Harvard student who created a website that redefined our social web and Eduardo Saverin, portrayed by An-

drew Garfield, who once was Zuckerberg's best friend and provided the foundation money for the company to expand. Napster inventor Sean Parker, Justin Timberlake, brought Facebook to Silicon Valley's capitalists; and the Winklevoss twins, Armie Hammer and Josh Pence, Zuckerberg's classmates, sue him for stealing their idea and ownership of it.

Zuckerberg moves the company's base of operation to Palo Alto, at Parker's suggestion, while Saverin remains in New York seeking advertising support. When Saverin visits from New York, he is

angered to find that Parker is living at the house and making business decisions for Facebook. After an argument with Zuckerberg, Saverin freezes the company's bank ac-



[www.google.com](http://www.google.com)



count and returns to New York.

The plot line continues with the Winklevoss twins competing in the Henely Royal Regatta and becoming outraged when they find out that Facebook has expanded to a number of universities. Then they decide to sue. Saverin discovers that the deal he signed with Parker's investors allows them to dilute his share of the company from a third to less than one-tenth of one percent, while maintaining the ownership percentage of all other parties. He confronts Zuckerberg and then proceeds to tell him that he is going to sue him.

The framing device throughout the film shows Mark testifying in depositions in two lawsuits: one filed by the Winklevoss twins, and the other filed by Saverin.

"The Social Network" started out with a fast-talking Zuckerberg that was very hard to understand. His sentences skipped from one subject to the next. It took me awhile to figure out that the men were replaying

past events, talking to their lawyers about how Facebook got started and who first came up with the idea.

The film is rated PG 13 but I would not recommend the film to teens under 17. There was quite a bit of drug references, sexual innuendos and cussing.

As time went on, the movie began to become increasingly better and more intriguing. Although this movie was two hours long it didn't give enough time to unveil the entire Facebook story or lawsuit that went along with it. I never knew

the entire story of how the Facebook phenomenon got started which was really interesting to me. I never realized how many lawsuits were taken out on Zuckenberg. The movie skipped back and forth and was oftentimes hard to follow. "The Social Network" has become one my favorite movies. Overall, "The Social Network" was a three out of four stars.

YOU DON'T  
GET TO  
500 MILLION  
FRIENDS  
WITHOUT MAKING  
A FEW  
ENEMIES

the social network  
500millionfriends.com

THIS FILM IS NOT YET RATED.  
ON 10/1/10, MPAA RATED PG-13 FOR DRUG USE, LANGUAGE, AND SOME SMOKING.



# Lady Grizzlies

Amir Peyton  
Sports Media

Last season the Lady Grizzlies were 26-13 in volleyball and fell short in the playoffs. This year the women are playing with a chip on their shoulder. As of now, the Lady Grizzlies are 25-10. All of their losses have been from ranked teams. Butler has only lost two games in their division.

In the beginning of the year, Butler came in with little experience but Brittany Brown, El Dorado sophomore, and Amanda Newlin, Clearwater sophomore, carried the team on their shoulders and helped the team get through this tough season. The Lady Grizzlies have a good supporting cast that includes Lindsey Williams, Valley Center sophomore, Kayla Zoglman, Goddard sophomore, Nicole Lund, Wichita sophomore, Danielle Riemann, El Dorado sophomore, and Katy Spink, Andover freshman.

The Lady Grizzlies grew as a team through the regular season. Now they can show what they

have learned in the playoffs. When asked about the women's overall season performance, Head Coach Rick Younger says, "We are right on track. This year we had a hard

season has been very successful. We are looking forward to winning our next matches."



Katie Rohr/Grizzly



Katie Rohr/Grizzly



Katie Rohr/Grizzly

schedule and we competed with everybody. I would say that this

"This season has been very successful."  
Coach Rick Younger



# Great Year for Grizzly Football

Chad Hogan  
Sports Media

Looking at this year's schedule for the sixth ranked Butler Grizzlies football team it wasn't going to be a walk in the park with four ranked opponents in the top 20 teams in the NJCAA preseason poll. The hardest part of the schedule for Butler was playing the fourth ranked Navarro Bulldogs and then the third ranked Fort Scott Greyhounds for the first two games of the season, then the 18th ranked Coffeyville Red Ravens, and the 11th ranked Hutchinson Blue Dragons in the last two games of the season.

Luckily some key players from last year such as star wide receiver Marcus Kennard, Lawton, Okla. sophomore and monster defensive end Cornelius Carradine, Cincinnati sophomore, came back to play for the purple and gold. The biggest junior college pickup of the season, quarterback Zach Mettenberger, Watkinsville Ga., sophomore, would help the Grizzly's cause for greatness.

The team that beat Butler twice last year, once in the regular season and then in the Region VI finals, was the next team on the list and that team was the number three

ranked Fort Scott Greyhounds. The Greyhounds played in the National Championship last year but lost to Blinn College and now had to play a Butler team looking for revenge. The Grizzlies were looking for just that and looked like real Grizzly bears chasing around scared campers. The Grizzlies mauled the

had only allowed one touchdown pass, had 11 interceptions and only allowed 507 yards passing. That matched up against Mettenberger who had passed for 23 touchdowns, 1,820 yards and only three interceptions. Butler leaned onto their good run defense this season where teams averaged 43 carries a

game against them and only a 2.6 yard rush average. They had to stay strong against a tough run game that had rushed for 1,873 yards and 28 touchdowns with a 5.5 yard rush average.

Butler didn't care how good of a match-up it was because they decided to shut out the Blue Dragons 28-0, taking the Region VI title and holding on to that number one overall

ranking in the NJCAA poll to end the regular season.

This season could become a season to remember not only if the Grizzlies win the National Championship for the seventh time but also for the players who could become Grizzly greats.



Katie Rohr/Grizzly

completions and five touchdowns with some serious help from Kennard, who caught five passes for 127 yards and three touchdowns.

The last game of the regular season ended up being the most hyped with the number one ranked Grizzlies taking on the number two ranked Hutchinson Blue Dragons at Galen Blackmore. Coming into this game it seemed like it was the most evenly matched game that has ever been played in football. Before the Butler game, Hutch's defense



# Cross Country Runs to Success

Michael Bauer  
Sports Media

**C**hange of leadership has been the term to describe this year's Butler men's and women's cross-country teams. Former coach Kirk Hunter ended his ten years as the cross-country coach and departed for Wichita State. His replacement was Jeff Becker from New Mexico Junior College.

The leadership roles have also changed on the teams as well. This year Benson Langat, freshman from Kenya, has consistently led the men's team so far this season. Langat says Kenya is different from Kansas but he is enjoying life here nevertheless.

"I think Kansas is a little different from where I come from, like the weather, it's different, but I like all the people in Kansas and everybody and I enjoy being at Butler."

The men's team has worked their way up in the NJCAA polls where they currently sit at a tenth place ranking.

The women's team sits at a 14th ranking in the polls and has had their fair share of success this season too.

Elida Burciaga, sophomore from Corpus Christi, Texas, has been the leader of the Lady Grizzlies and has enjoyed a record-breaking season. One of those included moving up to sixth place on the Butler

all-time list for fastest 5-K runners, which came at the Emporia State Invitational on Oct. 1.

The season started off with a trip to Cowley College where both teams finished second behind a very powerful Cowley County cross-country team.

Wichita State's Invitational was next on the schedule. The men placed third while the women were fifth among NJCAA and NAIA competition.

Grizzly to run a 6K.

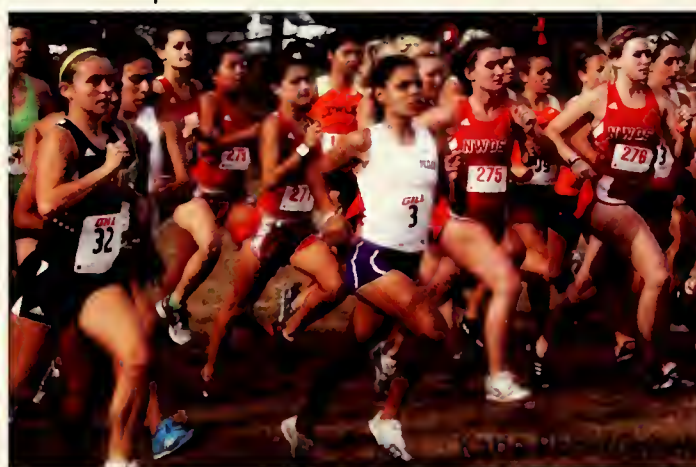
Running at Jones Park at the Emporia Invitational, four runners from both teams ended up setting personal records that day. Along with Burciaga's fast 5-K time,

Kate Brunner, sophomore from Haysville, would set a personal record day with 20:52. Freshman, Martha Avila, Wichita, finished 138th and freshman, Jill McPherron, Wichita, crossed the line at 172nd. The two clocked in times of 22:07 and

23:46 respectively- their fastest of the season.

For the men, Langat led the way with an 18th place finish after running the 8K but was the only runner to not set a personal record. Abel Assefa, sophomore from Olathe, was second on the team with a 37th place finish and a time of 26:22. It was not only the fastest time he's run but also the first time he finished second on the team.

"I thought we ran well, it's always tough, they say sometimes you have a home course advantage but sometimes it's even tougher because we're busy doing other stuff, but overall, I think both teams performed well," Coach Becker says.





# Women's Soccer Field Set

Austin Helms

## Sports Media

**I**t has been a great year for the soccer team. They have had two school records set and are in playoffs.

The Lady Grizzlies currently stand at 14-4. Cindy Benitez, a returning all-American, has proved why she is a great leader for Butler. She is assisted by #11 Perla Hernandez, a freshman out of Great Bend. Perla has set a school record for most assists in a game. On Oct. 4, Butler soccer destroyed Independence Community College 16-0. Perla had eight assists and one goal. Perla is currently number one in the country for assists.

Benitez has been putting in the most goals this year for Butler soccer. She set the new school record in the close

win over Barton County, 3-2.

That then put her at 75 goals for the most goals scored in

a career at Butler. The previous record was at 74 goals, and that

was held by Ashley Tatum back in the 2004-2005 seasons. Since the Barton game, Benitez scored seven

more times in the Pratt game when Butler beat them 11-0. That puts the current record at 82 goals for a career.

Benitez is currently number two in the country for goals at 44 goals this season, and she is

number three in the country for points. In the point system you get two points for a goal and one point for an assist. Butler women's soccer beat Cowley County for the second time this year and is currently in the second round of the Region VI playoffs. Pending on the last weekend of October we will know if Butler soccer gets a bid to the National Tournament in Topeka.



Katie Rohr/Grizzly



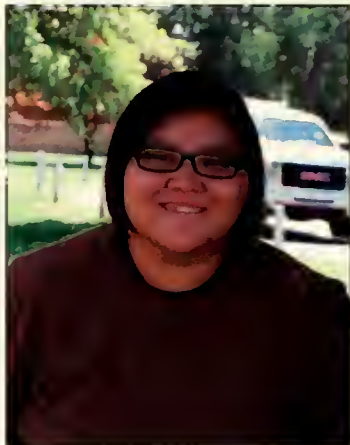
Katie Rohr/Grizzly



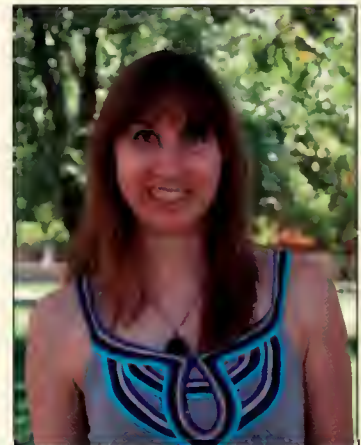
Katie Rohr/Grizzly



# Meet



Hi everyone, my name is **Thao Pham** and this is my second year at Butler. I am from Salina and plan to major in Electronic Media at Wichita State University. A favorite quote of mine would have to be, "Don't let your dreams be dreams."



Hello everyone! I'm **Kayla Banzet**, a sophomore at Butler CC and this is my second year on The Grizzly staff and I'm so excited to be back. I love journalism! I love reading it, writing it, discussing it and I'm also majoring in it. One of my favorite quotes is from a legendary journalist, "In seeking truth you have to get both sides of a story." Walter Cronkite



Hello, my name is **Gordon Cave** and I am from Augusta. I plan on transferring to the University of Kansas and majoring in Environmental Studies and Geology. I am interested in the outdoors as well as learning about other cultures. The only quote I live by is to treat others as you would want to be treated.



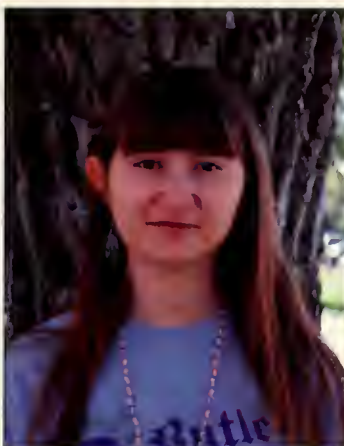
Hey my name's **Megan Mahurin**. I am from Cimarron. I currently live in Wichita and love hanging out with my friends. I am majoring in Early Childhood Education and my favorite quote of all time, no matter how much it's overused is "Live Laugh Love! Everything else is a Waste of Time!"



# the Staff



Hey, my name is **Emily Kindel** and I'm from Wichita. This is my first year at Butler and I'm currently undecided on a major. Taking pictures is the whole reason I joined the magazine staff. One of my favorite quotes is, "Just don't give up trying to do what you really want to do. Where there is love and inspiration, I don't think you can go wrong." Ella Fitzgerald.



My name is **Leah Emmart** and I'm from Wichita. I am a freshman and I'm majoring in Mass Communications. I graduated from Northwest High School. I like to write fictional stories, listen to music, sing, watch anime and attend anime conventions. My favorite quote is "You are who you are, nobody can change that but you."



'Ello everyone my name is **Amanda Peters**! This is my first year at Butler and I'm having a blast so far! I'm from Onaga and my major is Photojournalism. My favorite quote is "With God all things are possible." Mark 10:27



Hi! My name is **Alaina Cohen**. This is my first full semester at Butler and I am ecstatic to be on the Grizzly staff this year! One of my favorite quotes is from 2 Corinthians 12:9-10 But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness."



Hello Butler, My name is **Daniela Morales**. I'm from McPherson and this is my first year in college! I'm majoring in Mass Communications. My favorite quote is "You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. You're on your own. And you know what you know. And you are the one who'll decide where to go." Dr. Suess



Hey guys, my name is **Kayla Clarke** and I am from Wichita. This is my first year here at Butler. I am a Mass Communication major. I love designing layouts. My favorite quote would be "Don't be too hard on yourself. Life will do that for you." My Aunt Mimi

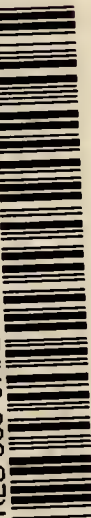




# LEARN FOR A Change



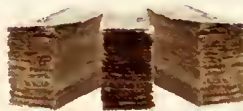
The Grizzly: Butler Community College Magaz  
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Butler Community College



Small CLASS SIZES //  
Half the COST



CHELSEA HAS CUSTOMIZED HER EDUCATION -much like her favorite recipe. Her passion is food, but she also has a knack for business. That's when she discovered Butler's Hospitality Management program. Chelsea considers Butler's small class sizes and engaging teachers to be refreshing - not to mention the invaluable *real world experience* she's gained. Butler provides her a powerful recipe for success.

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